| <u>Meal Prices</u><br>Student Lunch: \$3.45 to \$4.70<br>Reduced Lunch: \$ .40<br>Adult Lunch: \$4.50          | Conestoga High School<br>Lunch Menu<br>MARCH |                          | Please register at www.schoolcafe.com<br>and view your child's account balance,<br>statement and receive low balance<br>email notifications. All for free!<br>Deposits made on-line will incur a<br>\$2.25 fee. All other services are<br>free. |                                   |  |
|--|--|--------------------------|---|-----------------------------------|--|
| ENTRÉE   | VEG  | ETABLES                  | FRUITS  |                                   |  |
| F 2/1 Spaghetti with Meatballs   | Green Beans                                  | Cucumber Slices/Dip      | Chilled Peaches   | Applesauce                        |  |
|  |  |                          |   |                                   |  |
| M 3/4 Meatball Parmesan Sandwich   | Tossed Salad                                 | Baby Carrots w/Dip       | Fresh Grapes  | Mixed Fruit                       |  |
| т 3/5 French Bread Pizza   | Potato Puffs                                 | Cuc Slices w/Dip         | Orange Smiles   | Pears                             |  |
| w 3/6 BBQ Rib Sandwich   | Potato Salad                                 | Baked Beans              | Mixed Fruit   | Apple                             |  |
| т 3/7 Ital. Sausage Pepper & Onion Sanc  | lwich Green Beans                            | Broccoli w/dip           | Applesauce  | Peaches                           |  |
| F 3/8 Pizza Dippers Marinara Sauce   | Corn   | Carrot, Celery Stix      | Peaches   | Banana                            |  |
|  |  | ·                        |   |                                   |  |
| M 3/11 Bacon n Cheddar Burger on Kaiser  | Potato Salad                                 | Baked Beans              | Applesauce  | Peaches                           |  |
| T 3/12 Chicken Cacciatore over Rice  | Tossed Salad                                 | Cuc Slices w/Dip         | Fresh Grapes  | Mixed Fruit                       |  |
| w 3/13 Grilled Cheese  | Tomato Soup                                  | Carrot Sticks            | Orange Smiles   | Pears                             |  |
| T 3/14 Philly Cheesesteak w/Pepper & On  | •  | Bean Medley              | Mixed Fruit   | Apple                             |  |
| F 3/15 Baked Pasta w/ Chicken n Cheese   | Tossed Salad                                 | ,<br>Carrot, Celery Stix | Peaches   | Pears                             |  |
|  |  | · ,                      |   |                                   |  |
| M 3/18 Mozzarella Sticks w/Marinara Sau  | ice Mashed Potatoes                          | Baby Carrots w/Dip       | Apple Slices  | Mixed Fruit                       |  |
| т 3/19 BBQ Wings w Dinner Roll   | Potato Salad                                 | Baked Beans              | Chilled Pears   | Apple                             |  |
| w 3/20 General Tso's Chicken   | Noodles                                      | Broccoli                 | Mandarin Orang  |                                   |  |
| T 3/21 Chicken Broccoli Alfredo/Noodles  |  | Broccoli w/dip           | Apple Slices  | Pears                             |  |
| F 3/22 Cheese Ravioli W/Spaghetti Sauce  |  | Cuc Slices w/Dip         | Applesauce  | Orange                            |  |
|  |  | - ··· F                  | FT  | j-                                |  |
| M 3/25 Chicken Jambalaya over Rice   | Onions & Peppers                             | Steamed Carrots          | Apple Slices  | Pears                             |  |
| T 3/26 Pizza Dippers Marinara Sauce  | Corn   | Carrot, Celery Stix      | Peaches   | Banana                            |  |
| W 3/27 French Bread Pizza  | Tossed Salad                                 | Baby Carrots w/Dip       | Mixed Fruit   | Pineapple                         |  |
| T 3/28 Roasted Chicken/ Dinner Roll  | Mashed Potatoes                              | Red & Green Peppers      |   | Peaches                           |  |
| F 3/29 BBQ Pulled Pork on a Kaiser   | Seasoned Peas                                | Baked Beans              | Chilled Peaches   | Applesauce                        |  |
|  |  |                          | chined reaches  | Applesauce                        |  |
| DAILY ENTRÉE'S   |  |                          |   |                                   |  |
| Grill  | Pasta Bar                                    | Deli Bar                 | Nacho   | Bar                               |  |
| Cheeseburger, Grilled Chicken, Chicken   | Two Pasta's and Two Sauces                   | Meats Cheeses and Bread  | and Nacho's Chee  | ese Seasoned                      |  |
| Patty, Vegetarian Burgers  | Available Daily                              | Rolls                    | Me  | at                                |  |
| Pizza  | Soup   | Express                  | Salad   | l Bar                             |  |
| Mickey's Cheese Pizza Plus One Daily   | Soup and Chili Daily                         | Pre-Made Deli Sandwiches | and Traditional Sala  | d Traditional Salad Bar and Daily |  |
| Special  |  | Salads                   | Specialty Bar   |                                   |  |
| (8oz) 1% White Milk, No  | n-Fat White Milk and Non-                    | Fat Chocolate Milk inc   | luded with all Me   | als                               |  |
| General Kitchen Worker Positions now available! Apply on the TESD website at:<br>https://www.tesd.net/Page/210 |  |                          |   |                                   |  |